

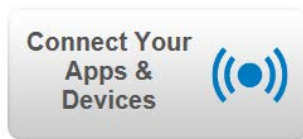


Healthy
Starts Now

Quartz
well

APPLICATION & DEVICE CONNECTIVITY

1. Click the Apps & Devices button on the Quartz Well wellness portal.



2. Choose a device under “Add” and click “Connect.”
3. Allow the Quartz Well wellness portal to access your profile and data from your device.
4. Your connected devices and apps will now display on the right side of the Applications and Devices page on the Quartz Well portal.